

**COUNSELING DEPARTMENT**  
**COMMUNITY COLLEGE OF PHILADELPHIA**

***Student Success* WORKSHOP SERIES**

The CCP Counseling Department is pleased to offer this series of workshops for the Fall 2008 semester designed to enrich the student experience and help all students meet their goals.

**Fall 2008 – All workshops will be held in the Career and Transfer Center (W2-3)**

**See You at the Top – Goal Setting Workshop**

In this important workshop students will learn how to set goals, manage their time, and deal with stress in order to succeed in school and in life.

**Thursday, September 11, 2008, 12:30 – 1:30 – Daravann Yi**

**Wednesday, October 29, 2008, 10:10 – 11:40 – Daravann Yi**

**College Survival 101 – Learn how to successfully navigate your way through college**

Gather information on important dates, where to go to get help, the academic appeals system, student's rights and responsibilities and how & when to apply for restricted curricula.

**Friday, September 19, 2008, 11:00am – 12:00pm, Sheila Cohen**

**Career and Transfer Center Open House**

Join the knowledgeable faculty and staff of the Counseling Department for an overview of the Career and Transfer Center.

**Monday, September 22, 2008, 10:00am – 12:00pm & 5:00pm – 7:00pm**

**Tuesday, October 21, 2008, 12:00pm -2:00pm & 5:00pm -7:00pm**

**Academic Regulations: Financial Aid Implications for Students on Academic Probation**

Learn how to interpret the academic regulations of the college, calculate your G.P.A., get back in good standing, and continue receiving Financial Aid!

**Tuesday, September 30, 2008, 2:00 pm – 3:30pm - Carmen Serrano**

**Monday, November 10, 2008, 11:15am – 12:45pm – Carmen Serrano**

**Balancing Act**

School, work, children and home. Learn how to prioritize when everything is important.

**Wednesday, October 1, 2008, 11:15 – 12:15pm – Brenda Hunt**

**Monday, October 6, 2008, 5:30pm -6:30pm – Fred Dukes, III**

**Transfer Workshops**

Where will you transfer? How does it work? Find out about issues related to transfer—academic programs, transfer credit, dual admissions/admission criteria, finances/scholarships—and get questions answered.

**Wednesday, October 8, 2008, 6:00pm – 7:20pm -Todd Jones**

**Wednesday, October 15, 2008, 2:30pm – 3:25pm – Todd Jones**

**Thursday, October 23, 2008, 2:00pm – 3:20pm – Todd Jones**

### **Decisions, Decisions – How to select a Career**

This is a workshop for students who are undecided about a career path. Participants will be guided through a rational process for decision-making

**Wednesday, October 15, 2008, 5:00pm – 6:00pm, Brenda Hunt**

### **The Academic Roadmap – Avoiding Potholes**

Did you know that the order and combinations of your courses can affect your GPA? Learn how to plan a class schedule and academic map which optimizes your chance of success.

**Wednesday, October 22, 2008, 1:30pm – 2:30pm – Judy Davidson**

### **What If I Have A Learning Disability?**

So what is a Learning Disability? Do you think you might have one? Did you get special support services when you were in High School or Elementary School? What help is available at the College? Come to this workshop if you would like to learn more about Learning Disabilities and their effect on college performance.

**Wednesday, November 5, 2008, 11:30am – 12:45pm – Theresa Tsai**

### **Coping with a Chronic Illness**

This workshop is designed to inspire the chronically ill student to cope more effectively with the stress of attending college. A wealth of practical suggestions and resources will be offered through discussion and hands on learning tools. Intended audience: Students with long-term illnesses, Instructors who want to understand and support their students, and those who live and/or love others who are suffering from an illness.

**Monday, November 10, 2008, 11:00am – 12:30pm – Cyndy Walls & Lisa Burton-Griika**

## **Support Group**

### **Weekly Support Group: Trouble in Your Relationship? Let's Talk**

#### **No one deserves to be hurt!**

If you or someone you know is being abused and needs help, join our support group and learn from each other about the cycles of violence and issues of power and control and what you can do for your friend or yourself.

For more information on this group call 215-972-6286. All inquiries will remain strictly confidential.

### **Counseling Center**

The Counseling Center is staffed by full-time professional counselors. Educational, career and personal counseling are available to individuals and groups. Counselors also assist students and graduates who wish to continue their education at other institutions. **Information discussed in counseling is kept strictly confidential.**

The Counseling Center is located in W2-2 and can be reached by calling 215-751-8169. Counselors are also available at each of the Regional Centers.