

## Behavioral Health/ Human Services

This curriculum is designed for students interested in working with people in need. Students will have the opportunity to study human behavior and human development within the context of the psychological, social, and biophysical environments in which people live. They will develop skills needed to work with others both one-on-one and in groups. They will develop the value base from which they will practice and learn the ethical standards of the helping professions. They will learn to appreciate and work in a multicultural environment. As a major part of their study, they will also have the opportunity to work directly with people in need by being assigned two field placements with agencies and institutions in the community.

The curriculum is designed to help students interested in working in a wide variety of helping settings including: alcohol and drug rehabilitation facilities, behavioral health agencies, geriatric centers and life care facilities, youth centers, criminal justice facilities, schools serving special need children and youth, and community outreach programs.

Students will be prepared to work as substance abuse and behavioral disorder counselors, caseworkers, case managers, mental health counselors, health educators, social and human service assistants, and community and social service specialists.

Students in the curriculum are expected to challenge their own values and personal biases as they relate to working with people. This is a personal experience that requires students to engage in activities aimed at raising self-awareness and often requires self-disclosure. Students can expect to encounter a variety of experiences during their course of study that will be personally challenging and require a willingness to be introspective. Above all, students must be open to change.

Students can enroll in the curriculum either part-time or full-time. Courses are offered days, evenings and weekends.

Special arrangements for students currently employed in behavioral health/human services facilities can be made to enable them to use their place of employment for their two field placement experiences. Final approval for such an arrangement rests with the faculty member(s) in charge of field placements.

The curriculum is designed to prepare students to enter employment after completing the associate's degree. However, the curriculum is also useful for students

who may want to continue their education at a baccalaureate institution. To this end, a number of articulation agreements with four-year colleges and universities exist.

### STUDENT LEARNING OUTCOMES:

Upon completion of this program graduates will be able to:

- Demonstrate a set of helping skills (warmth, empathy, reflective listening) needed for successful employment in Human Services.
- Work as a culturally sensitive ethical practitioner.
- Demonstrate a strong sense of self resulting from personal growth experiences.
- Use critical thinking and writing skills needed for working with clients.

### PROGRAM ENTRY REQUIREMENTS:

New students are required to take College placement tests. Students identified as needing developmental course work must satisfactorily complete the appropriate English and mathematics courses in addition to the requirements of the degree program. Admission to the program also requires that students attend a faculty-run admissions orientation meeting or meet directly with the curriculum coordinator.

### PROGRAM OF STUDY AND GRADUATION REQUIREMENTS:

The BHHS curriculum is a coherent program of study for students. The mix of curriculum-specific and general education courses is designed to give students both academic and practical experience for understanding and working with people in need in our contemporary multicultural society. Students will become familiar with the use of the computer as a tool of their profession. Students must complete two practice placements in an agency approved by the BHHS curriculum coordinator.

To qualify for the Associate in Applied Science (A.A.S.) degree in Behavioral Health/Human Services, students must complete the appropriate 63 credit hours with a minimum cumulative grade point average of 2.0 ("C" average). All BHHS students must earn a "C" or better in all program courses. Students whose attitude and behavior are considered unprofessional may be dropped from the curriculum, pending review by program faculty and the curriculum coordinator.

While enrolled in the curriculum, students are to be guided by the values and ethical standards of the helping professions. They are also challenged to participate in a process of self-discovery and growth. Students whose behavior is viewed as inconsistent with professional standards may be dropped from the curriculum pending the results of a departmental hearing.

## BEHAVIORAL HEALTH/HUMAN SERVICES

Course Number and Name	Prerequisites and Corequisites	Credits	Gen Ed Req.
<b>FIRST SEMESTER</b>			
ENGL 101 – English Composition I		3	ENGL 101
BHHS 101 – Introduction to Behavioral Health and Human Services		3	
CIS 103 – PC Applications*		3	Tech Comp
BHHS 105 – Introduction to Group Dynamics		3	
BHHS 111 – Introduction to Helping Skills	BHHS 101 which may be taken concurrently; acceptance into the BHHS curriculum or related certificate program	3	

(continued on next page)

**BEHAVIORAL HEALTH/HUMAN SERVICES, continued**

<b>Course Number and Name</b>	<b>Prerequisites and Corequisites</b>	<b>Credits</b>	<b>Gen Ed Req.</b>
<b>SECOND SEMESTER</b>			
ENGL 102 – English Composition II	ENGL 101	3	ENGL 102, Info Lit
BHHS 103 – Human Development and Behavior in the Social Environment		3	Am/Global Diversity
BHHS 194 – Case Management Practice	BHHS 111	3	
BHHS 195 – Practicum in Behavioral Health and Human Services I**	BHHS 111	3	
Social Science Elective		3	Social Sciences
Humanities Elective		3	Humanities
<b>THIRD SEMESTER</b>			
BHHS 212 – Resolution-Focused Helping Skills	BHHS 111 Coreq: BHHS 213	3	
Social Science Elective		3	
Directed Elective – Choose one***		3	
BHHS 151 – Child Abuse and Family Violence			
BHHS 171 – Introduction to Social Gerontology			
BHHS 277 – Behavioral Development and Social Processes of Aging	BHHS 171		
BHHS 121 – Foundations of Addiction Studies			
BHHS 222 – Assessment and Treatment of Addictive Behavior	BHHS 121		
BHHS 161 – Introduction to Disabilities			
BHHS 261 – Developmental Disabilities Support Services	BHHS 161		
BHHS 241 – Crisis Intervention			
YW 101 – Foundations of Youth Work			
YW 110 – Family and Community Engagement			
YW 115 – Critical Issues in Youth Work			
BHHS 213 – Practicum in Behavioral Health and Human Services II**	BHHS 195; BHHS 212 must be taken concurrently	3	
BHHS 106 – Analysis of Group Participation	BHHS 105	3	
<b>FOURTH SEMESTER</b>			
BHHS 293 – Family and Relationship Counseling	“C” grade in BHHS 194 and 195	3	
Mathematics Elective (MATH 118 or higher)		3	Mathematics
Science Elective		3-4	Natural Science
Directed Elective – Choose one from list above		3	
Directed Elective – Choose one from list above		3	
<b>MINIMUM CREDITS NEEDED TO GRADUATE</b>		<b>63</b>	

**General Education Requirements**

All General Education requirements are met through required courses (as indicated above) except for the Writing Intensive requirement and Interpretive Studies requirement. Therefore, in order to graduate, students in this program must choose one course that is designated Writing Intensive and one course that is designated Interpretive Studies. The same course may be used to fulfill both requirements. A list of courses that fulfill these requirements and a more detailed explanation of the College’s general education requirements appear elsewhere in this Catalog and on [www.ccp.edu](http://www.ccp.edu).

\* Students with computer skills may apply for credit by exam through the Computer Technologies Dept.

\*\* YW 196 - Practicum in Youth Work (prerequisites YW 101, YW 110) may be substituted for one of the following: BHHS 195 or 213. Students taking or planning to take YW 196 must enroll in either BHHS 194 or 212 so that they will have completed all these courses for their BHHS degree.

\*\*\* Courses outside of this list may be used to fulfill some or all of these elective requirements. These courses are to be selected in consultation with a BHHS faculty advisor based on the student’s academic plan.

**For More Information Contact:**

The Division of Liberal Studies, Room BR-21, 1700 Spring Garden Street, Philadelphia, PA 19130, Telephone (215) 751-8450; or the College Information Center (215) 751-8010.