

Community College *of* Philadelphia

Health and Wellness Activities

Health and Wellness activities offered by Community College of Philadelphia are designed to provide health programming for students, staff, and faculty. The activities are designed to raise awareness about health maintenance issues, provide screenings, and provide a convenient venue for community health information. In addition, the activities support the mission of the College by assisting students through health-related events that foster healthy lifestyles, attitudes, and behaviors through educational programming and outreach.

Following is a list of health and wellness activities that will be sponsored by the Division of Student Life and the Human Resources Department.

- Student Health Information (see page 2)
- HIV/AIDS Education and Awareness
- Body Image/Eating Disorders
- Health Information Brochures, etc.
- “Ask the Dietitian”
- Final Exam Stress Relief
- Health Expo
- American Red Cross Blood Mobile
- Mammography Screening
- Influenza Clinic
- Vision Screening

Information regarding the time, date, and location of the above events will be communicated to students, faculty, and staff via the College’s intranet and the MyCCP Student Portal.

HEALTH INSURANCE INFORMATION

September 2007

Community College of Philadelphia
Women's Center - Division of Student Affairs
Winnet Student Life Building, Room S3-09

Dear Student,

Community College of Philadelphia is pleased to inform you of the student health insurance plans that are provided by three insurance companies. These plans are described below. Please be advised that health insurance is required for all International Students enrolling in the College on an F-1 Visa. If you have any questions, please call the Women's Center at **215-751-8808**.

AETNA

AETNA offers a comprehensive health insurance plan, Advantage Plan. Rates are based on a person's age, gender, county, and state. Aetna adjusts rates according to the medical risk. It is not a guarantee and people can be declined. Pre-existing conditions may not be covered. Please call Aetna at **1-800-694-3258** (x 25197, Debbie) to request an application. You can also email your request to ElsenbeckDJ@aetna.com

Highlights of the Aetna Advantage Plan

- available to all Pennsylvania residents
- rates are based on **age and gender** ***New Rates are as low as \$90.00 per month***
- does not require student status
- enrollment is continuous
- a health questionnaire must be completed
- enrollment is not guaranteed.

To enroll, contact AETNA directly at **1-800-694-3258** and request an Advantage Plan Application.

Sentry Student Security Plan

This plan is available for full or part time students. It is a **catastrophic plan** that covers medical services (i.e. hospital room and board, surgery, anesthesia, x-rays, etc.) in the event of accidental injury or illness. It does not cover routine doctors' office visits. There are two levels of coverage offered. The less expensive policy is Plan I and is available to domestic students only. Plan II is a little more costly and is available to domestic and international students. To sign up for one of Sentry's plans, download an application from <http://www.ejsmith.com/healthPlans.asp> and mail it with your first payment.

Independence Blue Cross and Blue Shield

Independence Blue Cross offers several insurance plans to students. **Student Health Plan** has age and student status requirements. **Individual Coverage** offers coverage with higher premiums than Adult-Basic or Student Health Plan. **Adult-Basic** is income based.

- Highlights of **Student Health Plan**

Independence Blue Cross and Blue Shield offers a package for any student who is under 26 and resides in (or attends school in) the 5 county Philadelphia area. This plan covers hospitalization and outpatient emergency coverage year round. It does not cover pre-existing conditions or services not related to the diagnosis of a sickness or injury. For more information and current premium rates, please call **215-568-8204** in Philadelphia or **1-800-358-1901** for calls outside the local Philadelphia area.

- Highlights of **Individual Coverage (non-group Personal Choice)**

Independence Blue Cross also has individual coverage for non-students. For more information and current premium rates, please call **215-557-7577** in Philadelphia or **800-626-8144** for calls outside the local Philadelphia area.

- Highlights of **adultBasic**

- **** Currently placing clients on an enrollment waiting list of 16 months.** The state program's funding is limited and enrollment figures have reached their maximum level.

- Low cost health insurance (\$32. per month)
- Ages 19-64
- does not require student status
- has income guidelines
- Eligible applicants have the option to purchase coverage at full cost while waiting for state-funded coverage. The cost of this coverage is \$300.16 per month.

For an application or more information, please call **1-800-464-5437**

HTH WORLDWIDE HEALTH INSURANCE

This plan is available for International Students. All F-1 Students are required to purchase this insurance. For more information on rates and eligibility, please contact International Student Services at **215-751-8863**.

It is important to realize that insurance is a product that you are purchasing. As a consumer you need to spend time researching the available products and purchase the product that suits your needs. The plan your friend has may not be the best plan for you.

Thank you,

Dr. Claudia Curry
Director, Women's Center
215.751.8808 – ccurry@ccp.edu